



Aquatics Schedule

June 21 – August 29, 2010

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Lap Pool	Open Swim 6:00a-10:00a	Open Swim 6:00a-10:00a	Open Swim 6:00a-10:00a	Open Swim 6:00a-10:00a	Open Swim 6:00a-1:30p			
	Swim Lessons 10:00-11:00a 3 Lanes Open	Swim Lessons 10:00-11:00a 1 Lane Open	Swim Lessons 10:00-11:00a 3 Lanes Open	Swim Lessons 10:00-11:00a 1 Lane Open		Open Swim 8:00a-9:30a		
	Open Swim 11:00a-5:30p	Deep Water Fitness 10:15a-11:15a 1 Lane Open	Open Swim 11:00a-4:15p	Deep Water Fitness 10:15a-11:15a 1 Lane Open	Open Swim 11:15a-5:30p	Camp Swim 1:30p-4:00p 3 Lanes Open	Swim Lessons 9:30a-12:15p 2 Lanes Open	Open Swim 10:00a-4:45p
		Open Swim 11:15a-1:30p						
		Camp Swim 1:30p-4:00p 2 Lanes Open						
		Open Swim 4:00p-5:30p	Swim Lessons 4:15p-5:30p 2 Lanes Open	Open Swim 4:00p-5:30p	Open Swim 12:15p-4:45p			
	Swim Team & Lessons 5:30p-7:00p 1 Lane Open	Swim Lessons 5:30p-6:15p 3 Lanes Open	Swim Team & Lessons 5:30p-7:00p 1 Lane Open	Swim Lessons 5:30p-6:15p 3 Lanes Open	Swim Team 5:30p-7:00p 1 Lane Open			
	Shallow Water Fitness 7:00p-8:00p 2 Lanes Open	Open Swim 6:15p -9:45p	Shallow Water Fitness 7:00p-8:00p 2 Lanes Open	Open Swim 6:15p -9:45p	Open Swim 7:00p-9:45p			
	Open Swim 8:00p-9:45p		Open Swim 8:00p-9:45p					

For more information about our programs or schedules, please call 313-309-9622 ext. 3019, email Aquatics Director Nikole Saffle at NSaffle@ymcametrodetroit.org, or visit our website at www.ymcadetroit.org.



Aquatics Schedule

June 21 – August 29, 2010

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Family Pool	Family Swim 8:00a-9:00a	Family Swim 8:00a-9:00a	Family Swim 8:00a-9:00a	Family Swim 8:00a-10:00a	Family Swim 8:00a-9:00a	Family Swim 8:00a-9:30a	
	CDC Swim 9:00a-10:00a Shallow Closed		CDC Swim 9:00a-10:00a Shallow Closed		CDC Swim & Therapeutic Water Fitness 9:00a-10:00a No Open Swim		
	Swim Lessons 10:00a-11:00a Whirlpool Closed	Swim Lessons 9:00a-11:00a Whirlpool Closed	Swim Lessons 10:00a-11:00a Whirlpool Closed	Swim Lessons 10:00a-11:00a Whirlpool Closed	Open Swim / Group Rental 10:00a-1:30p	Swim Lessons 9:30a-12:00p No Open Swim	Family Swim 10:00a-4:45p
	Therapeutic Water Fitness 11:00a-12:00p Deep Closed	Open Swim / Group Rental 11:00a-1:30p	Therapeutic Water Fitness 11:00a-12:00p Deep Closed	Open Swim / Group Rental 11:00a-2:00p			
	Open Swim / Group Rental 12:00p-4:00p	Camp Swim 1:30p-4:00p No Open Swim	Open Swim / Group Rental 12:00p-4:00p	Family Swim 2:00p-4:00p		Camp Swim 1:30p-4:00p No Open Swim	
	Family Swim 4:00p-5:30p	Family Swim 4:00p-5:30p	Swim Lessons 4:00p-5:30p Deep Closed	Special Needs Swim Lessons 4:30p-5:30p Whirlpool Closed	Family Swim 4:00p-8:30p	Family Swim 12:00p-4:45p	
	Swim Lessons 5:30p-6:15p Deep & Whirlpool Closed	Swim Lessons 5:30p-6:15p Deep & Whirlpool Closed	Swim Lessons 5:30p-6:15p Deep & Whirlpool Closed	Swim Lessons 5:30p-6:15p Deep & Whirlpool Closed			
	Family Swim 6:15p-8:30p	Family Swim 6:15p-8:30p	Family Swim 6:15p-8:30p	Family Swim 6:15p-8:30p			

'Group Rental' times are open to members unless otherwise stated, however please note that at these times a large number of children from outside groups will also be enjoying our pool.

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