



We build strong kids, strong families, strong communities.

# Downriver Family YMCA

June 14 - July 18

## GYM SCHEDULE

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym
Open Gym 5:00-8:30am		Open Gym 5:00-9:30am		Open Gym 5:00-8:30am		Open Gym 5:00-9:30am		Open Gym 5:00-8:30am		Schedule is subject to change.		NOTE: Shaded areas require program registration.	
AOA Silver Sneakers 9:00-11:00am	Open Gym 8:30-11:30a	Open Gym 9:30-11:30am	Open Gym 9:30-11:30am	AOA Silver Sneakers 9:00-11:00am	Open Gym 8:30-11:30a	Open Gym 9:30-10:30am	Open Gym 9:30-11:30am	AOA Silver Sneakers 9:00-11:00am	Open Gym 8:30-11:30a				
Open Gym 11:00-11:30a				Open Gym 11:00-11:30a				Open Gym 11:00-11:30a		Open Gym 11:00-11:30a	Open Gym 11:00-11:30a	Open Gym 11:00-11:30a	Open Gym 11:00-11:30a
Adult Basketball* 11:30a-1:30pm		Open Gym 11:30-12:30pm		Adult Basketball* 11:30a-1:30p		Open Gym 12:00-3:30pm		Adult Basketball* 11:30a-1:30p		Youth Sports Basketball Games 12:00-4:00p		Open Gym 9:00a-4:00p	
Open Gym 1:30-5:00pm		School Time Fitness 12:30-2:00pm	Open Gym 12:30-5:00pm	Open Gym 1:30-5:00pm		Open Gym 3:30-6:00p	Open Gym 3:30-5:30pm	Open Gym 1:30-8:00p					
		Open Gym 2:00-5:30pm								Tiny Tikes 5:30-6:00p	Youth BBall 5:00-6:00p	Youth BBall 5:00-6:00p	Open Gym 5:00-6:00p
Youth BBall 5:00-6:00p	Open Gym 5:00-6:00p	Preschool Sports Sampler 6:15-7:00p	Preschool Basketball 6:00-6:45p	Youth Basketball 6:00-7:00p		Kid's Gym 7:00-8:30p	Open Gym 8:30-10:00p	Teen Gym 8:00-10:00p		Open Gym 6:00-9:00p	Open Gym 6:00-9:00p	Adult Basketball* 7:00 - 9:00pm	
Youth Basketball 6:00-7:00p		Climbing Club 6:00-7:45pm	Youth Volleyball 7:00-8:00pm	Youth Basketball 7:00-8:15pm									
Youth Basketball 7:00-8:15pm		Open Gym 7:45 - 10:00p	Open Gym 8:00-10:00pm	Adult Basketball* 8:30-10:00p		Open Gym 8:30-10:00p	Open Volleyball* 8:00-10:00p	Teen Gym 8:00-10:00p		Teen Volleyball 8:00-10:00p		*Adult Basketball & Volleyball require all members and guests to be at least 18 years of age. Please respect the gym rules that are posted.	
Adult Basketball* 8:30-10:00pm				Adult Basketball* 8:30-10:00p				Adult Basketball* 8:30-10:00p		Adult Basketball* 8:30-10:00p			