



**Winter 2, Mar.1 - April 18, 2010**

*Multipurpose Room Schedule*

**Multipurpose Room 2**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Small group* training 9-10		Target Workout Core - 10-10:40am	Small group* training 9-10m			
Target Workout Core - 10-10:40am						
	Lil'Dragons* 5:30-6:30pm		Lil'Dragons* 5:30-6:30pm			
Small group* training 6-7pm	TaeKwonDo* 6:30-8:00pm	Pilates * 7:00-7:55pm	TaeKwonDo* 6:30-8:00pm			
Power Yoga * 8:25pm	Adult Karate* 8:15-9:00pm		Adult Karate* 8:15-9:00pm			

**Multipurpose Room 3**

Target Workout Core - 10-10:40am		Target Workout Core - 10-10:40am				
	Lil'Dragons* 5:30-6:30p		Lil'Dragons* 5:30-6:30p			
Small group* training 6-7pm	TaeKwonDo* 6:30-8:00pm	Small group* training 6-7pm	TaeKwonDo* 6:30-8:00pm			
Power Yoga* 7:30-8:25pm	Adult Karate* 8:15-9:00pm		Adult Karate* 8:15-9:00pm			

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