



Adams Pool

March 1st 2010 - April 24th, 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Swim team will use the pool Sunday 3/26 8-10am	5:30-8:45am Lap (6)	5:30-8:45am Lap (6)	5:30-8:45am Lap (6)	5:30-8:45am Lap (6)	5:30-8:45am Lap (6)	
8:00-10:00am Lap (6)	8:45-10:00am Aerobics Lap(1)	8:45-10:00am Aerobics Lap(1)	8:45-10:00am Aerobics Lap(1)	8:45-10:00am Aerobics Lap(1)	8:45-10:00am Aerobics Lap(1)	7:00-8:30am Lap (6)
10:00-11:00am Lap (6)	10:00-11:00 Aerobics/Open Lap (2)	10:00-11:00 Open Lap (4)	10:00-11:00 Aerobics/Open Lap (2)	10:00-11:00 Open Lap (4)	10:00-11:00 Aerobics/Open Lap (2)	8:30-9:15am Swim Lessons Lap(4)
11:00-Noon Lap (6)	11:00-Noon Open Lap (4)	11:00-Noon Open Lap (4)	11:00-Noon Open Lap (4)	11:00-Noon Open Lap (4)	11:00-Noon Open Lap (4)	9:15-Noon Swim Lessons Lap (2)
Noon-1:00pm Lap Swim Lap (6)	Noon-1:00pm Lap Swim Lap (6)	Noon-1:00pm Lap Swim Lap (6)	Noon-1:00pm Lap Swim Lap (6)	Noon-1:00pm Lap Swim Lap (6)	Noon-1:00pm Lap Swim Lap (6)	Noon-1:00pm Open Lap (4)
1:00-4:00pm Open/Scuba Lap(4)	1:00-4:00pm Open Lap(4)	1:00-4:00pm Open Lap(4)	1:00-4:00pm Open Lap(4)	1:00-4:00pm Open Lap(4)	1:00-4:00pm Open Lap(4)	1:00-3:00pm Open/Scuba Lap(4)
4:00-6:00pm Masters Swim Lap (1)	4:00-6:15pm Open Lap (4)	4:00-6:15pm Lessons Lap (2)	4:00-6:15pm Open Lap (4)	4:00-6:15pm Lessons Lap (2)	4:00-6:15pm Lessons Lap (2)	3:00-6:00pm Open/Scuba Lap (4)
	6:15-8:00pm Open Lap(4)	6:15-7:00pm Lessons Lap (2)	6:15-8:00pm Open Lap(4)	6:15-7:00pm Lessons Lap (2)	6:15-8:00pm Open Lap(4)	
	8:00-9:00pm Aerobics/Open Lap (2)	7:00-8:00pm Lessons Lap (1)	8:00-9:00pm Aerobics/Open Lap (2)	7:00-8:00pm Lessons Lap (1)	8:30-10:00pm Open Lap (4)	
	9:00-10:00 pm Open/Lap (4)	8:00-10:00pm Open/Lap (4)	9:00-10:00 pm Open/Lap (4)	8:00-10:00pm Open/Lap (4)		

Schedule Subject to Change



Revised February 27th, 2010

Children under the age of 8 must be accompanied IN THE WATER, by a parent at ALL times.

Children must pass the deep end test prior to swimming in the deep end.

Children who are less than 48 inches tall, and cannot pass the swim test MUST wear a lifejacket.

In the event of lightning, the pool will close until 30 minutes after the last visible lightning strike.

Y AQUATICS™

We build strong kids, strong families, strong communities.