

## WELCOME TO PRE-ONE

This fall is going to be a great year. We are looking forward to having your child in our class. To help the transition go smooth, here are a few things that may help:

- We provide a snack in the morning and in the afternoon. With this snack includes milk, juice, or water, as well as when it is requested throughout the day.
- Any breakfast that is sent from home will be served until about 8:00 am. If it is brought in later, it will be served for the morning snack.
- Please send in a lunch with your child that they are able to feed themselves. All foods need to be pre-cut at home, if needed.
- We ask that a weather appropriate change of clothing be sent to be kept in the child's cubby.
- We encourage that the children wear their play clothes to school because we do a lot of messy activities. Although we do wear smocks, accidents happen.
- Anything that is sent in for your child should be labeled with their name on it.
- If your child will be with us for naptime, you should send along a crib sheet, a blanket, and one stuffed animal if needed.
- There are mailboxes located above your child's cubby. Any items that need to go home will be placed here.
- If you are in the process of potty training we encourage that you inform the teacher as to how it is done at home so that we can maintain consistency during the process.
- Children should not bring in toys from home unless approved by the teacher. Having personal toys may lead to problems among children.

If there are any questions, comments, or concerns please feel free to notify us. We are always open to suggestions.

In Preschool- One, we plan to work on our alphabet, name recognition, counting 1-10, shapes, colors, and playing together in a kind manner. Our philosophy is play based learning. Play based learning means that the children will be learning while they are playing with each other. We will explore learning through playing in centers that will be set up throughout the room. In each of the centers will be activities that the children will do. We set up centers so that the children can explore what is to be learned in many different ways. The activities in each center will change throughout the week so that the children will not get bored with the same activities. We will be doing arts and crafts, storytelling, and playing creative games to enhance the theme of the week. If there are any questions as to what the theme of the week is, it will be posted in our room on the bulletin board.

We will also have show and tell days when we will ask that the children bring in something from home that has to do with what is being taught. For example one show and tell idea might be their favorite book. I will send a letter home with each of the students to inform you of what the topic is. We will also be exploring the days of the week, weather, and months throughout the year. We will have a calendar set up so that the children will be able to identify them. We are looking forward to working with you and your children on their road to knowledge.

## MEET THE STAFF

### **Ms. Jackie**

Hi, I am Jackie and I am the Lead teacher in the Preschool One room. I have had about eleven years experience working with children (babysitting, tutoring, and being a nanny to a special needs child). I received my Associates Degree of Arts and Sciences in December 2007 from Macomb Community College. I am planning on continuing school to become either a Special Education teacher or a Pediatric Physical Therapist. I am looking forward to working with you and your child throughout the year.

### **Ms. Abby**

Hi, I am Ms. Abby. I am an assistant in Preschool One. I have been working with children for about eight years and at the YMCA Lakeshore since March 2008. I will be graduating from Oakland University in the fall of 2008 and will be pursuing a Nursing Degree the following year. I look forward to continue working with your children.

## Daily Schedule

- 6:30-8:30 Parent drop off, combined with Pre-Two, free play, breakfast, check diapers
- 8:30-9:15 Circle time, attendance, weather, calendar
- 9:15-9:45 Wash hands, morning snack
- 9:45-10:00 Story time
- 10:00-11:00 Centers, check diapers
- 11:00-11:15 Music and Movement
- 11:15-12:00 Outside/Gym time (Large Motor)
- 12:00-12:15 Wash hands and get ready for lunch
- 12:15-1:00 Lunch, check diapers
- 1:00-3:00 Nap/Rest time
- 3:00-3:15 Wash hands, Afternoon snack
- 3:15-4:00 Free play
- 4:00-5:00 Outside/Gym time
- 5:00-6:00 Check diapers, parent pick-up, free play