

YOUTH SUPER SPORTS™

We build strong kids, strong families, strong communities.

YOUTH FLAG FOOTBALL LEAGUE

Game dates: Games will be played on Saturday.

Age groups: (Pre K & K) (1st & 2nd Grade) (3rd & 4th Grade) (5th & 6th Grade)

Game Schedules: The younger age groups playing first with their games beginning at 9:30am and the older groups follow in succession every hour.

YOUTH COED SOCCER LEAGUE

Game dates: Games will be played on Saturday.

Age groups: (Pre K & K) (1st & 2nd Grade) (3rd & 4th Grade) (5th & 6th Grade) (7th thru 9th Grade)

Game Schedules: The younger age groups playing first with their games beginning at 9:00am and the older groups follow in succession every hour.

3 on 3 MALE & FEMALE YOUTH BASKETBALL LEAGUE

Game dates: Games will be played on Monday or Wednesday nights

Age groups: (3rd & 4th Grade) (5th & 6th Grade) (7th & 8th Grade) (9th thru 12th Grade)

Game Schedules: The younger age groups playing first with their games beginning at 6:00pm and the older groups follow in succession every 1/2 hour.

YMCA YOUTH SPRING SPORTS LEAGUES

Registration: Mar 9th to Mar. 27th or until league fills.

League Dates: April 13th – June 6th

Practice & Game Dates: The first 2 Saturdays of Flag Football & Soccer are practices. These are followed by 6 weekly practices & 6 Saturday games.

Teams are formed: By coaching requests first, friend requests and school + grade as best as possible.

Additional Discount: Receive an additional \$10 off if you sign up for 3 on 3 Basketball and either Flag Football or Soccer.



Fee:

\$65/Facility Members

\$85/Program Members

Additional Sibling 10% off

(can not be used in combination with any other promotions)

North Oakland Family YMCA

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