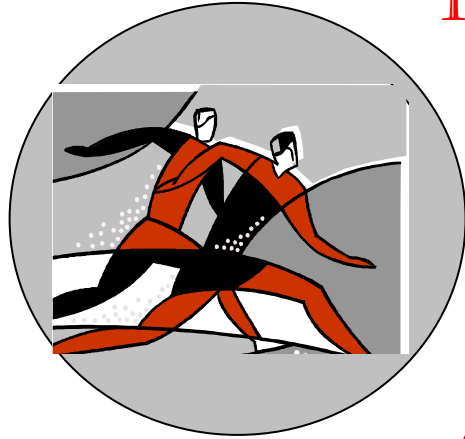


PLYMOUTH YMCA 30TH FATHERS DAY RUN



SUNDAY
JUNE 21, 2009
8 am-10 am



ADVENTURE GUIDES

WE NEED YOUR HELP
BEFORE, DURING AND AFTER.....

ENLIST IN OUR VOLUNTEER ARMY!!!!!!

Fill out the form below and return to
PLYMOUTH FAMILY YMCA

248 S. UNION

PLYMOUTH, MICHIGAN 48170-6120

FAX (734) 453-4191 or PHONE (734) 453-2904

cmorency@ymcmetrodetroit.org

ALL VOLUNTEERS RECEIVE A FREE SHIRT!!!

YES!! I WILL VOLUNTEER FOR THE 30th Fathers Day Run!!

___ Direct runners along route, between 8:00 a.m. to 9:30 a.m.-**ADULTS ONLY**
Assignments and information will be available Wednesday June 17th

___ Give water to runners at water stations along route, 8:00 a.m. to 10:00 a.m.
ADULTS AND KIDS
4 to 6 volunteers are needed at 3 water stops
Assignments and information will be available Thursday June 18th
Pick-up cooler/cups/tubs/medical kit at the Y office

PLEASE FILL OUT COMPLETELY

NAME _____

ADDRESS _____ **CITY** _____ **ZIP** _____

PHONE _____ **E-MAIL** _____