

Plymouth YMCA 31st Fathers Day Run June 20, 2010



GENERAL INFORMATION

Pre-Registration

- On-Line Registration at www.active.com, March 1-June 17, 2010
Family \$10 Discount Rate (from total) not available online.
- Register by mail or in person-248 S Union, Plymouth MI 48170
- Registered participants by 6/12/10 GUARANTEED Tech Shirts!
Voted a Best Race Shirt in Michigan!!
- **Ann Arbor Track Club-Current Members \$5 Discount thru-6/12**

Packet Pick-up/Late Registration

The race packet will contain race bib number with Chrono Track D-tag.
You **MUST** pick up your packet on site. Pin numbers on FRONT of shirt.

- YMCA Office, 248 Union, Plymouth, MI - June 19-9am-2pm
- Race Day-The Gathering, Downtown Plymouth next to Penn Theater
Sunday June 20-6:30am-8:30 am
- **No Race Changes on Race Day-NO Transfers-NO Exceptions!!**

ChronoTrack D-tag disposable timing-by Gault Race Management

- D- tag **MUST** be attached to shoe. Disposable NO need to return!
- 5K Start and Finish Mats provide the ultimate timing

NEW!! Cash Prizes! \$1000-MDG Triple-10.3 M

Overall Male/Female-1st\$300, 2nd \$150, 3rd \$50

Start times permit running all three races, 1M, 5K, 10K

Kids Fun Runs-Trot (3-4 yrs) and Jog (5-7 yrs)

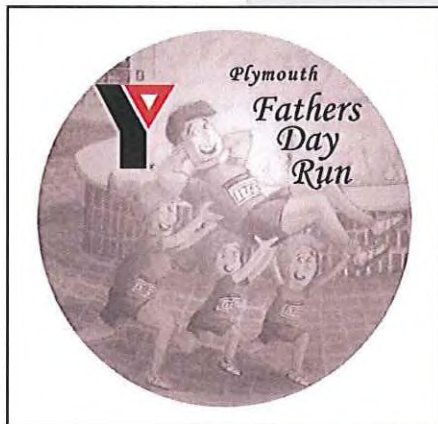
Kids ¼ Mile Fun Runs are not timed and are designed to introduce children to the joys of running and promote the many benefits of a fit and healthy lifestyle. All participants will receive t-shirts, bib numbers, medals and goodie packet!

Weather Policy-see Official Policy

- **NO REFUNDS** due to weather related cancellations.

Highlights

- Courses are USATF Certified
- Course is flat and fast thru the streets of Downtown Plymouth
- Endorsed by the Governors Council on Physical Fitness, Health and Sports, www.michiganfitness.org
- Race Photos on www.PlymouthPictures.com
- Proceeds support the "Strong Kids Campaign" scholarship fund.



VOLUNTEERS

We need your help!

Before, After and Race Day
For More information, contact
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