

Plymouth Family YMCA



Winter II Clinics

Youth Basketball Clinic

Children will work with experienced coaches to discover their basketball abilities and develop their life skills in an environment that encourages praise and positive reinforcement.

Age: 6 – 7 Day: Tuesday (March 16 - April 27)
Time: 6:00 – 7:00 PM Location: Salvation Army Gym
Cost: \$52 Member \$84 Community

Speed and Agility Training

This class will focus on improving speed (stride length and frequency, starting and stopping ability, sprint form and technique) and agility (the ability to explosively brake, change direction, and accelerate again). Taught by an experienced NCAA Division 1 athlete who is great with youth!

Age: 8 – 11 Day: Tuesday (March 16 - April 27)
Time: 7:00 – 8:00 PM Location: Salvation Army Gym
Cost: \$52 Member \$84 Community

Preschool Basketball Clinic

Players will work with YMCA coaches to learn the fundamentals of basketball in a fun and engaging environment.

Age: 4 – 5 Day: Tuesday (March 16 - April 27)
Time: 6:00 – 6:45 PM Location: Hoben Gym
Cost: \$47 Member \$79 Community

Preschool Soccer Clinic

Our experienced and energetic coaches focus on building friendships and developing soccer skills in a fun, game-based environment.

Age: 3 – 5 Day: Thursday (March 18 - April 29)
Time: 6:00 – 6:45 PM Location: Smith Elementary Gym
Cost: \$47 Member \$79 Community

Spring Leagues

Community Soccer Leagues (April 19 - June 12)

YSoccer is a great way for children to develop the fundamentals of soccer in a fun and recreational environment. One practice and one game weekly.

Practice Day: Varied Age Groups: 4&5, 6&7, 8&9, 10&11
Game Day: Saturday Location: Hulsing Elementary
Cost: \$71 Member \$103 Community

Girls Volleyball Leagues (April 19 - June 11)

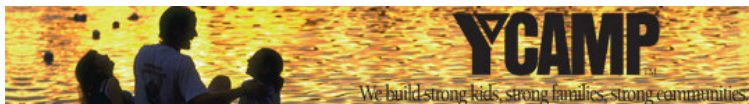
YVolleyball is a great way for girls to develop the fundamentals of the game in a fun and recreational environment.

Practice Day: Varied Age Groups: 8 - 12
Game Day: Friday Location: New Morning / Livonia YMCA
Cost: \$71 Member \$103 Community

Kickers Soccer (April 29 - June 10)

Players will be placed on teams and receive 3 weeks of instruction followed by 4 weeks of games. This league is a great intro to the game of soccer!

Age: 4 – 5 Day: Thursday
Time: 6:00 – 7:00 PM Location: Hulsing Elementary
Cost: \$60 Member \$92 Community



Mid Winter Break Camp

At YMCA Day Camp, kids have fun while they make new friends, build new skills and grow in self-reliance. Call the office for more details!

Ages: 5 – 12 years Dates: February 15 - 19
Time: 7:30 am - 6:00 pm Location: First United Methodist Church
Cost: \$40/day Member \$60/day Community
\$165/week Member \$195/week Community

Spring Break Camp

At YMCA Day Camp, kids have fun while they make new friends, build new skills and grow in self-reliance. Call the office for more details!

Ages: 5 – 12 years Dates: April 5 - 9
Time: 7:30 am - 6:00 pm Location: First United Methodist Church
Cost: \$40/day Member \$60/day Community
\$165/week Member \$195/week Community



Spring Clinics

Preschool T-Ball Clinic

Children will work with experienced coaches to discover their t-ball abilities and develop their life skills in an environment that encourages praise and positive reinforcement.

Age: 3 – 5 Day: Monday (May 3 - June 14)
Time: 6:00 – 6:45 PM Location: Farrand Elementary
Cost: \$47 Member \$79 Community

Preschool Soccer Clinic

Our experienced and energetic coaches focus on building friendships and developing soccer skills in a fun, game-based environment.

Age: 3 – 4 Day: Tuesday (May 4 - June 8)
Time: 6:00 – 6:45 PM Location: Hulsing Elementary
Cost: \$47 Member \$79 Community

Speed and Agility Training

This class will focus on improving speed (stride length and frequency, starting and stopping ability, sprint form and technique) and agility (the ability to explosively brake, change direction, and accelerate again).

Taught by an experienced NCAA Division 1 athlete who is great with youth!
Age: 8 – 11 Day: Tuesday (May 4 - June 8)
Time: 7:00 – 8:00 PM Location: Hulsing Elementary
Cost: \$52 Member \$84 Community

Tiny Tikes Sampler

Children have the opportunity to find hidden talents and learn new skills while exploring the world of sports and activities in a fun and entertaining manner.

Age: 3 – 5 Day: Wednesday (May 5 - June 9)
Time: 10:00 – 10:45 AM Location: Jaycee Park
Cost: \$47 Member \$79 Community

Preschool Basketball Clinic

Players will work with YMCA coaches to learn the fundamentals of basketball in a fun and engaging environment.

Age: 4 – 5 Day: Wednesday (May 5 - June 9)
Time: 6:00 – 6:45 PM Location: TBA
Cost: \$47 Member \$79 Community

Youth Basketball Clinic

Children will work with experienced coaches to discover their basketball abilities and develop their life skills in an environment that encourages praise and positive reinforcement.

Age: 6 – 7 Day: Wednesday (May 5 - June 9)
Time: 7:00 – 8:00 PM Location: TBA
Cost: \$52 Member \$84 Community

Parent / Child Soccer

Parents and children will work together with YMCA staff in this introductory class that will explore basic soccer, social and motor skills in a fun and interactive way.

Age: 2–3 Day: Thursday (May 6 - June 10)
Time: 5:30 - 6:00 PM Location: Hulsing Elementary
Cost: \$35 Member \$67 Community

Youth Soccer Clinic

Fundamental soccer skills will be taught through drills and game-like situations to insure an exciting and educational experience.

Age: 6 – 7 Day: Thursday (May 6 - June 10)
Time: 6:00 – 7:00 PM Location: Hulsing Elementary
Cost: \$52 Member \$84 Community

You may register for programs on-line by visiting www.ymcadetroit.org or by mail, fax or in person at the Plymouth YMCA 248 S. Union St. Plymouth, MI 48170
Phone: 734.453.2904 Fax: 734.453.4191

Summer Day Camp information will be available on-line March 1st.

www.ymcadetroit.org