

South Oakland Family YMCA  
Pool Schedule

Summer I & II 2010  
\*June 5 – August 29, 2009  
our website: ymca-detroit.org

Revised 5/7/10

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUNDAY
5:30 - 8:55 AM	Lap Swim 5 lanes	Lap Swim 5 lanes	Lap Swim 5 lanes	Lap Swim 5 lanes	Lap Swim 5 lanes	Pool opens at 7 Lap Swim 5 lanes	Pool opens at 10
9:00 – 10:00	Water Ex. Class No lanes	Family Swim 2 lanes	Water Ex. Class No lanes	Aq Core and Family Swim No lanes	Water Ex. Class No lanes	Swim Lessons from 9:00 – 1:15 pm	Lap Swim 10 - 12 5 lanes
10:00 – 11:25	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp		Family Swim 12:15 - 2:15 2 lanes
11:30 – 12:30 PM	Thera Swim & Arthritis Ex. No lanes	Adult Open 2 Lanes	Thera Swim & Arthritis Ex. No lanes	Adult Open 2 Lanes	Thera Swim & Arthritis Ex. No lanes		<b>Fourth Sunday of each month the pool will close @ 2:00p</b>
12:30 – 1:30	Adult Lap Swim 5 lanes	Adult Lap Swim 5 lanes	Adult Lap Swim 5 lanes	Adult Lap Swim 5 lanes	Adult Lap Swim 5 lanes	2:00-4:30 Open Swim 2 Lanes	
1:30 – 3:30	Day Camp	Day Camp	Day Camp	Alderbrook School Until 6/10 then Day Camp	Day Camp		2:15 – 2:30 Guard break
3:45 – 5:45	Open Swim 2 lanes	Open Swim 2 lanes	Open Swim 2 lanes	Open Swim 2 lanes	Open Swim 2 lanes	Pool Closed 4:30 -4:45	2:30 – 3:45 Family Swim 2 lanes
						Lap Swim from 4:45 – 5:45 5 lanes	3:45 – 4:45 Lap Swim 5 lanes
5:45 – 6:00 –	Pool closed for locker room maintenance	Pool closed for locker room maintenance	Pool closed for locker room maintenance	Pool closed for locker room maintenance	Pool closed for locker room maintenance	Pool Avail. For Rentals after 6 p.m.	Pool Avail. for Rentals after 5 p.m.
6:00 – 6:45	Swim Lessons No lanes	Swim Lessons No lanes	Family Swim No lanes	Swim Lessons No lanes	6:15 – 8:45 pm		
7:00 – 7:45	Water Exercise No lanes	Aquaburn No lanes	Water Exercise No lanes	Aquaburn No lanes	Community Swim, Family Swim and Youth Night No lanes –		
7:45 – 8:00	Guard Break	Guard Break	Guard Break	Guard Break			
8:00 – 9:00	Family & Community Swim 1 lane	OPEN SWIM 2 lanes	Family & Community Swim 1 lane	OPEN SWIM 2 lanes			
9:00 – 9:15	Pool closed for chemical check	Pool closed for chemical check	Pool closed for chemical check	Pool closed for chemical check	Pool closed for chemical check		
9:15 – 10:15	Lap Swim 5 lanes	Lap Swim 5 lanes	Lap Swim 5 lanes	Lap Swim 5 lanes	Lap Swim 5 lanes		

*\*Saturday Swim Lessons begin June 5th*  
**Summer I June 7 – July 18**  
**Summer II July 19 – August 29**  
*No classes July 3 and 4<sup>th</sup> – Fourth of July Weekend*